

DEPARTMENT SPOTLIGHT:

March 9-13

Food & Nutrition

March is Nutrition Month and there's no better time to acknowledge our hard working staff in the Food & Nutrition Department! From soups & salads, to perogies & pizza...we are grateful for everything you put on our plates!

Not only does the FN Department provide meals for patients and staff, but they are also responsible for feeding Northwood Lodge, the municipal day-cares, Meals on Wheels, and congregate dining. Our kitchen puts out over 60,000 meals per year!

The Department offers up a four week, rotating menu, which is changed twice annually to keep things fresh. Dietary restrictions? You've come to the right place...full fluids, no salt added, vegan, vegetarian, diabetic, cardiac, clear...you name it they've done it!

Including casual staff, there are 14 people working in the kitchen as Cooks and/or Dietary Aides. They are all required to be certified in Safe Food Handling and are trained in CPI. This crew excels in client service, whether they're bringing meals to patients or helping out other staff members. Thanks FN staff, for all you do!

